CHAMELEON BAR & GRILL

SERVES FRESHLY PREPARED INDIAN STREET FOOD

Sharing is caring! Our menu has been designed to share and we have a wide selection of culinary delights that are enjoyed in combination with others. So we suggest you choose 2 or 3 dishes per person and share them all.

SALAD PLATES

Samosa Chaat 🖋 🛞

€4.95

Curried vegetables stuffed in a crispy short crust pastry, topped with chickpeas, spiced yoghurt, mint, and tamarind chutneys. For vegan: Can be served without the spiced voghurt dressing.

Tossed Kachumber Salad 🛞 🖨 GF

Fresh salad with red onions, tomatoes and red radish tossed with rocket leaves and lime & coriander flavoured extra virgin olive oil. Sprinkled with chaat masala for the extra punch

SMALL PLATES

Golgappa Chaat 🛞

€3.95

Crisp bread shells filled with crushed chickpeas, red onions & tomatoes with spiced mint, tamarind & yogurt dressing

Indore Aubergine Pakora 🛞 🏶 GF 🥒

Battered Aubergine mixed with chickpea flour with a gentle dressing of carom seeds, coriander and mint

Marine drive Pav Bhaji 🛞

Pav is a soft bun served with bhaji, a concoction of buttery goodness that has mashed vegetables, spices and tomatoes accompanied by crunchy onions and lemon wedges. Marine drive is a boulevard parallel to the beach in Mumbai which very popular for its street food stalls.

Chicken Tikka 💉 Chicken breast marinated in our famous tandoori spices, red chilli powder

and yogurt. Cooked in clay oven Indo-Chinese Style Chicken Wings (6 nos) £5.95

Chinese style chicken wings with an Indian twist.

Curry Leaf Fried Chicken 🌽 GF

Chicken breast spiced in south Indian style and crispy fried in a chickpea and rice flour batter with fresh curry leaves.

Spiced Ceylon Tuna Cutlets 🗡 🥒

£3.95 Tuna fish cakes spiced with black pepper, finely chopped ginger and

Devilled Tiger Prawns 🗡 🗡 £6.95

Colombo special, tiger prawns tossed with onion, peppers &

Paneer Tikka 🥒 🛞

Indian cheese (paneer) marinated in Tandoori spices and cooked in clay oven.

Veg Platter for TWO €8.95 An assortment of Paneer Tikka, Indore Aubergine Pakora and Veg

Plain Dosa 👺 🛞 Crispy rice & lentil pancake, served with sambar & coconut chutney

INDIAN GRILL & TANDOORI

All the grills are served with crispy salad and mint yogurt

Tandoori Lamb Chop 🌽 GF

Lamb chops marinated with black pepper and red chilli powder, ginger, garlic, and saffron. Cooked in clay oven and served with mint chutney

Tandoori Chicken 🛩 GF

1/4...Chicken.....£5.95

1/2...Chicken....£10.95

£7.95

Half chicken on the bone, marinated with tandoori spices, saffron and cardamom. Cooked in clay oven and served with mint chutney

Chicken Pahadi Kebab 🛩 GF £8.95 An exclusive recipe from the hills of Garhwal – Himalays! Chicken fillet

marinated with roasted whole spices and cooked in clay oven

Katmandu Styled Char £9.95

Grilled Pork Belly 🗡 🌶 GF Char grilled pork belly strips in Napalese marinade

Masala Roasted Sea Bass 🎤 GF £9.95

Masala roasted Sea bass marinated with wholesome spices - ginger, garlic carom seeds chilli and coriander

Paneer, Broccoli & Mushroom £7.95

Malai Kebab 🎤 🚱 GF

& Naan Bread

Broccoli and Mushrooms marinated with cheese, yoghurt, and aromatic spices. Cooked in clay oven.

Sheek Kebab 🎤 GF Minced lamb kebab cooked on skewers, served with mint chutney

3 SIDES DEAL:

Roasted Tadka Dal, Pulao Rice € 6.95

You could choose Roti instead of Naan bread. Roti is clay oven cooked flatbread made of wholemeal flour

GRILL FROM WEST

Smoked BBQ Chicken Supreme GF £12.95 **Grilled Seabass Fillet GF** £12.95 **BBQ Glazed Pork Belly** £12.95 Broccoli, Mushrooms & £9.95

Pepper Skewers 🛞 🗱 GF

All mains are served with seasonal greens, Oven Roasted Sweet Potato wedges or Chunky Fries, Green Peppercorn Sauce or Tomato & Basil Sauce (request for gluten free sauce)

CURRIES & BIRYANI

Long grain basmati rice cooked with layered curried chicken pieces and flavoured with saffron and whole spices. Served with raita and mirch ka saalan (contains peanuts).

Kalyani Nawabi Beef Biryani 🗡 🗡

This is an original recipe from the kitchens of Kalyani nawabs of Bidar. Saffron infused rice cooked with diced beef and a selection of aromatic exotic spices. Served with raita and mirchi ka saalan (contains peanuts).

Quinoa Biryani 🛞 🏶 🥒 🖊 GF

Quinoa is an excellent alternative for rice, if you're on a low Carb diet. Enjoy the deliciousness of Biryani made up on Quiona and vegetables. Packed with protein! Served with raita and salad.

Kerala Style Vegetable Stew 🏶 🛞 GF 🔝 £6.95

Seasonal vegetables stewed in coconut sauce with ginger, green chilli & curry leaves

Mutter Paneer (%) £6.95

Indian cottage cheese and green peas cooked with tomato and a

Lamb Chettinadu 🎤 🎤 GF £9.95

Diced Lamb leg stewed in a Chettinadu style curry made from roasted coconut & selection of roasted spices.

Chicken Tikka Masaledar & GF €8.95

Chicken tikka cooked in a cashew nut rich creamy tomato sauce, topped with butter and fenugreek leaves.

Chicken Kurma GF £8.95

Chicken tikka stewed in creamy cashew & coconut sauce.

Goan Style Prawn Curry 🎤 🖋 GF £12.95 A sour and spicy prawn curry cooked with coconut, dried red chilli and

Fish Moilee 🌽 GF £9.45

A Kerala style tilapia fish curry cooked with coconut, ginger, green chilli

Masala Dosa 👺 🛞 £7.95

Crispy rice & lentil pancake, stuffed with masala potato, served with sambar & coconut chutney

3 SIDES DEAL:

Roasted Tadka Dal, Pulao Rice &

Naan Bread

€ 6.95

You could choose Roti instead of Naan bread. Roti is clay oven cooked flatbread made of wholemeal flour

Level of Spice Vegetarian Vegan

A discretionary 10% service charge will be added to your bill.

FOOD ALLERGIES AND INTOLERANCES

Some of our foods contain allergens. This menu does not contain allergen information. If you have any allergies or intolerances, please ask a member of staff for allergen matrix.



Gluten Free

£3.95

€3.00

Chameleon Bar & Grill

Seabrook Road, Hythe, CT215RL

01303 230042 info@chameleonbarandgrill.co.uk

SIDE DISHES & BREAD

Chicken Liver Pepper Fry / GF €4.95

Roasted Tadka Dal 🛞 🖋 GF £3.95

Yellow lentils simmered with roasted garlic, green chillies, coriander &

Crispy Fried Okra 🖊 🚱 😂 GF €3.95 Sliced Okra crispy fried gram flour, red chilli powder, chaat masala, carom seeds, and lime juice

Curried Chickpeas 🖊 🛞 🗱 GF €4.45

Chickpeas stewed in onion & tomato sauce with aromatic spices.

Green Vegetable Porial 🖋 🛞 🗱 GF

Seasonal greens, sautéed in south Indian style with mustard, curry leaves

Masala Roasted Sweet Potato Wedges £3.95

⊕

✓

GF

Garlic Naan

Pulao Rice 🛞 😂 GF

Otherwise called as Pilau rice, saffron infused rice with delicate spices

Plain Naan or Butter Naan

£2.95 Freshly made Indian flatbreads cooked in a clay oven

Tawa Porotta Layered fluffy flatbread €3.00

TandooriRoti 🯶 🛞 £2.95

Clay oven cooked flatbread made of wholemeal flour